

Common diseases after floods



LEPTOSPIROSIS

Cause: Contact with water contaminated by rodent urine

Symptoms:

- > High fever
- > Headache
- > Muscle pain
- > Eye redness
- > Gastrointestinal problems such as diarrhoea, nausea

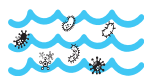


TYPHOID

Cause: Salmonella Typhi bacteria deposited in water or food by a human carrier

Symptoms:

- > High fever
- > Headache
- > Disorientation
- > Gastrointestinal problems such as diarrhoea, nausea
- > Lethargy



MELIOIDOSIS

Cause: Burkholderia pseudomallei bacteria found in contaminated water

Symptoms:

- > High fever
- > Headache
- > Muscle pain
- > Localised swelling
- > Respiratory problems such as cough, chest pains, breathing difficulties.



DENGUE

Cause: Virus carried by Aedes mosquito

Symptoms:

- > High fever
- > Pain behind the eyes
- > Nausea
- > Skin rashes that appear two to five days after fever
- > Severe joint and muscle pain

Health and safety precautions to take during and after floods



Thoroughly cook and boil food and water before consumption



Wash hands with clean water and soap before preparing meals, after going to the toilet and after being exposed to floodwaters



Avoid eating food that has been exposed



Do not play in floodwaters

Source: Health Ministry ©The Star Graphics